

Nursing Supervisor, Sénior

EXPERIENCES PROFESSIONNELLES

déc. 2020 / juil. 2021

Nursing Supervisor

Amiri Hajizada Hospital Afghanistan (Kabul)

- * Providing care to post-cardiac surgery patients who are intubated, overseeing parameters of ventilator settings, cardiac monitoring including CVP line and Arterial Line pressure monitoring, as well as ECG readings.
- * Observing and managing chest drainage, and accurately documenting fluid intake and urine output.
- * Collaborating with physicians during procedures such as endotracheal tube insertion, chest drain placement, CVC line insertion, arterial line placement, and Joe Cath (Dialysis Catheter) insertion.
- * Proficiently executing CPR procedures following ACLS protocol independently.
- * Independently performing tasks involving the insertion of Foley and silicone catheters, IV cannulations, as well as Naso Gastric Tube insertion using sterile techniques.
- * Taking responsibility for the regular organization and maintenance of the crash cart; operating various equipment including ventilators, cardiac monitors, infusion pumps, syringe pumps, suction machines, blood warmers, and kethermia machines.
- * Performing therapeutic interventions like chest physiotherapy, suctioning, spirometry, steam inhalation, and skillfully collecting blood samples.

déc. 2018 / juil. 2020

Nursing Supervisor

Amiri Medical Complex

- * Supervise and guide nursing staff, including registered nurses, licensed practical nurses,
- and nursing assistants.
- * Assign tasks and responsibilities to nursing personnel based on their skill levels and competencies.
- * Provide leadership, direction, and mentorship to the nursing team.
- * Collaborate with the nursing team to ensure that patient care is coordinated, safe, and of

high quality.

* Assist in developing and implementing care plans for patients, ensuring they are tailored

to individual needs.

- * Monitor and manage staffing levels to ensure adequate coverage and distribution of workload.
- * Allocate resources effectively, including equipment, supplies, and personnel, to optimize

patient care delivery.

- * Implement and enforce established nursing policies, procedures, and protocols.
- * Monitor the quality of patient care and ensure that nursing practices align with regulatory

standards and best practices.

* Address and resolve issues or concerns that arise during shifts, escalating matters as

needed.

* Make critical decisions related to patient care, staffing, and resource allocation.

oct. 2016 / avr. 2018

Senior Critical Care Technician

Cardiac Intensive Care Unit Amiri Medical Complex

- * Supervise and guide nursing staff, including registered nurses, licensed practical nurses, and nursing assistants.
- * Assign tasks and responsibilities to nursing personnel based on their skill levels and competencies.
- * Provide leadership, direction, and mentorship to the nursing team.
- * Maintain open and effective communication channels among nursing staff, interdisciplinary teams, and management.
- * Report and document incidents, changes in patient conditions, and other relevant information.
- * Participate in the orientation and training of new nursing staff, ensuring they understand protocols and expectations.
- * Identify learning needs within the nursing team and facilitate ongoing education and professional development.
- * Conduct regular performance evaluations and provide feedback to nursing staff to foster growth and improvement.
- * Recognize and reward outstanding performance and address areas needing improvement.
- * Implement and enforce established nursing policies, procedures, and protocols.
- * Monitor the quality of patient care and ensure that nursing practices align with regulatory standards and best practices.

oct. 2011 / août 2016

Senior Critical Care Technician

Kulsom International Hospital Islamabad

- * Maintain open and effective communication channels among nursing staff, interdisciplinary teams, and management.
- * Report and document incidents, changes in patient conditions, and other relevant information.
- * Participate in the orientation and training of new nursing staff, ensuring they understand protocols and expectations.
- * Identify learning needs within the nursing team and facilitate ongoing education and professional development.
- * Conduct regular performance evaluations and provide feedback to nursing staff to foster growth and improvement.
- * Recognize and reward outstanding performance and address areas needing improvement
- * Supervise and guide nursing staff, including registered nurses, licensed practical nurses, and nursing assistants.
- * Assign tasks and responsibilities to nursing personnel based on their skill levels and competencies.
- * Provide leadership, direction, and mentorship to the nursing team.

juin 2007 / sept. 2011

Senior Critical Care Technician

Aga Khan University Hospital Karachi

- * Assist in the assessment and monitoring of critically ill patients, including vital signs, cardiac rhythms, and neurological status.
- * Administer treatments and interventions as directed by healthcare professionals, ensuring patient comfort and safety.
- * Perform tasks such as arterial line insertions, central line maintenance, and EKG lead placement with precision and adherence to protocols.
- * Operate, calibrate, and troubleshoot complex medical equipment such as ventilators, hemodynamic monitors, infusion pumps, and continuous renal replacement therapy (CRRT) machines.
- * Set up, monitor, and maintain equipment for optimal patient outcomes and safety.
- * Respond to critical situations, including cardiac arrests and medical emergencies, providing immediate assistance as per established protocols.
- * Execute advanced life support measures including advanced airway management and defibrillation.
- * Collaborate closely with physicians, critical care nurses, and other multidisciplinary team members to ensure cohesive patient care.
- * Communicate changes in patient status, interventions performed, and critical incidents to the healthcare team promptly and effectively.
- * Provide guidance and mentorship to junior critical care technicians, assisting in their training and professional development.
- * Lead by example in demonstrating exceptional technical skills, professionalism, and ethical conduct.
- * Accurately document patient assessments, interventions, and responses to treatments in the hospital's electronic medical records (EMR) system.
- * Maintain thorough and organized records of equipment maintenance, inventory, and usage.

mai 2004 / déc. 2006

Nursing Assistant- Intensive Care Unit

Aga Khan University Hospital Karachi

- * Assist patients with activities of daily living, including hygiene, grooming, mobility, and nutrition, while respecting their privacy and dignity.
- * Monitor and document vital signs, intake and output, and other relevant patient information accurately and promptly.
- * Collaborate with nurses to ensure patients' comfort and address their physical and emotional needs.
- * Medical Equipment and Supplies:

DIPLOMES ET FORMATIONS

/ juin 1993 Intermediate (Arts)

BISE Peshawar

/ **avr. 1993** - BAC+2

BISE Peshawar

COMPETENCES

electronic medical records

COMPETENCES LINGUISTIQUES

Anglais

Turc